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Annual ORW World and U.S. Rankings

It's that time again and here are the 24th Annual ORW World Rankings at 20 and 50 Km, the 22nd Annual U.S. Rankings at the same distances, and the 16th Annual Women's 10 Km Rankings, both World and U.S. The women's rankings lag by a few years not because of any sexist attitude on our part, but because there just wasn't enough significant activity, at least that came to our attention, to justify them earlier.

As usual, these rankings are a subjective judgment on the part of your editor based on performance at the particular distance throughout the year. We take into account performance in major competitions, times, and wins and losses versus other athletes. The rankings are accompanied by lists of the best times at each distance for the year

World 10 Km Rankings

- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 1. Sari Essayah, Finland
43:52 (1) Fin. Champ. 5/7
43:10 (1) Eisenhut. 5/15
42:46t(3) Goodwill Games 7/26
42:37 (1) Europ. Champ. 8/9 | 6. Yelena Saiko, Russia
42:44t(2) Goodwill Games 7/26 |
| 2. Anna Rita Sidoti, Italy
44:11 (4) Eisenhut. 5/15
41:46 (1) Livorno 6/12
(short course)
42:43 (2) Europ. Champ. 8/9 | 7. Gu Yan, China
42:20t(2) China Champ. 4/7
42:51t(1) Fana, Nor. 5/7
44:18 (2) Asian Games 10/ |
| 3. Yelena Nikolayeva, Russia
43:09 (1) La Coruna 5/21
42:43 (3) Europ. Champ. 8/9 | 8. Larisa Ramazanova, Russia
42:31 (3) Livorno 6/12
43:25 (5) Europ. Champ. 8/9 |
| 4. Gao Hongmiao, China
41:38t(1) Chin. Champ. 4/7
44:11 (1) Asian Games | 9. Yelena Arshintseva, Russia
43:07 (9) Livorno 6/12
43:23 (4) Europ. Champ. 8/9
43:01 (1) Yaro. 5/22 |
| 5. Olimpiada Ivanova, Russia
42:31t(1) Goodwill Games 7/26 | 10. Elisabetta PErrone, Italy
43:28t(2) Fana, Nor. 5/7
42:15 (2) Livorno 6/12
43:47 (7) Europ. Champ. 8/9 |

SECOND CLASS POSTAGE
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ABOVE: Mexico's Bernardo Segura, ranked No. 2 in the World, talks with media types following his Pan American Cup 20 Km win in Atlanta.

BELOW: In the Pan American Cup 10 Km, Mexico's Graciela Mendoza (38) and Teresa Vaill battle for the lead. Mendoza went on to win with Vaill second. (Steve Vaitones photos.)

Essayah came through in the European Championships to retain her Number 1 ranking. Sidoti also had a strong race there plus a win over a good field on a short course in Livorno to leap from Number 7 in last year's rankings. Nikolayeva moved from fourth to third, Perrone dropped from fifth to tenth, and all others were unranked last year.

1994 World 10 Km List

41:38t Gao Hongmiao, China	44:16t Nadezhda Ryashkina, Russia
42:20t Gu Yan, China	44:18 Natalya Trofimova, Russia
42:31t Olimpiada Ivanova, Russia	44:29 Maria Urbanik, Hungary
42:37 Sari Essayah, Finland	44:35 Kathrin Boyde, Germany
42:43 Anna Rita Sidoti, Italy	44:37 Anne Manning, Australia
42:43 Yelena Nikolayeva, Russia	44:39 Olga Leonyenko, Ukraine
42:44t Yelena Saiko, Russia	44:42t Lidya Fesenko, Russia
42:47 Liu Hongyu, China	44:42t Michelle Rohl, USA
43:01t Li Chunxiu, China	44:50 Kamila Holpuchova, Czech.
43:01 Yelena Arshintseva, Russia	44:51 Ileana Salvador, Italy
43:03t Kong Yan, China	44:53t Rosario Sanchez, Mexico
43:16 Katarzyna Radtke, Poland	44:54 Janice McCaffrey, Canada
43:16 Valentina Tsybul'skaya, Belarus	45:00t Eva Machuca, Mexico
43:21 Beate Gummelt, Germany	45:02t Teresa Vaill, USA
43:25 Larisa Ramazanova, Russia	45:10 Irina Tolstik, Belarus
43:26t Zhang Quighua, China	45:14 Emilia Cano, Spain
43:28t Elisabetta Perrone, Italy	45:16 Marta Zukowska, Poland
43:29 Natalya Misyulya, Belarus	45:23 Graciela Mendoza, Mexico
43:41t Li Jingzue, China	45:43 Encarnacion Granados, Spain
43:46t Julia Odzilyeva, Russia	45:43 Holly Gerke, Canada
43:47 Susan Feitor, Portugal	45:48t Leonarda Yukhnovich, Belarus
43:51 Kerry Saxby-Junna, Australia	45:51 Mayya Sazonova, Kazhak.
44:00t Feng Haixia, China	45:58 Victoria Lupton, GB
44:01t Tamara Kovalenko, Russia	46:01 Lisa Langford, GB
44:15 Tatyana Rogozina, Ukraine	46:06 Natalya Serbiyenko, Ukraine
	46:06 Verity Larby-Snook, GB

(Note: The lists for all events were compiled by Bob Bowman. Your editor has made a few additions.)

1993 U.S. Women's 10 Km Rankings

1. Michelle Rohl, Pariside AC	DNF Oly. Fest. 7/8
44:58 (1)	46:20 (1) Pan Am Cup 9/23
47:12 (1) San Fran. 4/16	
45:52t(2) U.S. Champ. 6/16	
45:52 (1) Oly. Fest. 7/8	
44:42t(9) Goodwill Games 7/26	
Vaill	
2. Teresa, Unat.	3. Debborah Van Orden, unat.
45:14 (1) Wash. D.C. 3/27	50:48 (1) Broomfield 4/23
45:02t(1) U.S. Champ. 7/8	48:24 (1) Denver 5/22
	47:01t(3) U.S. Champ. 6/16
	46:57 (2) Oly. Fest. 7/8
	48:15 (10) Pan Am Cup 9/23

4. Debbi Lawrence, Nat. Sport
47:16t(4) U.S. CHamp. 6/16
48:07 (1) Niag. Falls 7/16
48:42 (12) Pan Am Cup 9/23
46:59 (1) Alongi Mem. 10/1
5. Dana Yarbrough, unat.
49:10 (3) Wash. D.C. 3/27
48:46 (2) Palo Alto 5/22
47:21 (5) U.S. Champ. 6/16
47:15 (3) Oly. Fest. 7/8
49:39 (14) Pan Am Cup 9/23
6. Victoria Herazo, Cal. Walkers
47:41 (1) Palo Alto 6/16
48:11t(6) U.S. Champ. 6/16
DQ Oly. Fest. 7/8
47:48 (8) Pan Am Cup 9/23
7. Lynda Brubaker, PHAST
48:15 (2) Wash. D.C. 3/27
49:36 (2) San Fran. 4/16
48:23t(7) U.S. Champ. 6/16
48:21 (4) Oly. Fest. 7/8
8. D.A. Walker, HART
51:55 (6) Wash. D.C. 3/27
51:46 (2) Broomfield 4/23
51:19 (1) Broomfield 5/7
50:18 (4) Palo Alto 5/22
49:38t(9) U.S. CHamp. 6/16
50:49 (6) Oly. Fest. 7/8
9. Cheryl Rellinger, PVTC
50:06 (4) Wash. D.C. 3/27
49:51t(10) U.S. Champ. 6/16
49:33 (5) Oly. Fest. 7/8
10. Sally Richards-Kerr, HART
53:24 (9) Wash. D.C. 3/27
43:32 (3) Broomfield 4/23
52:04 (2) Broomfield 5/7
49:17 (3) Palo Alto 5/22
49:18t(8) U.S. Champ. 6/16
50:55 (7) Oly. Fest. 7/8

Rohl, although beaten by Vaill in the National title race, gets the top slot off her American record in the Goodwill Games and other fast time. . . Third and fourth are pretty clear cut. Yarbrough and Herazo split in four races against each other, but Dana was ahead in both the National title race and the Olympic Festival. Herazo had very fast 10 Km splits in three longer races (46:42 and 47:52 in 1 Hour races and 47:23 in a 15 Km), but we are looking just at 10 Km races here. . . Eighth, ninth, and tenth are very close. Richards-Kerr has an argument for the eighth slot, having beaten the other two at the Nationals, but Dee Walker beat her in four of five other head-to-head races and Rellinger both other times they went head to head.

1994 U.S. 10 Km List

- | | |
|---------------------------|-------------------------|
| 44:42t Michelle Rohl | 49:51 Lisa Sonntag |
| 45:02t Teresa Vaill | 50:40 Kelly Watson |
| 46:42t Victoria Herazo | 50:54t Gretchen Eastler |
| 46:57 Debora Van Orden | 51:37 Kaisa Ajaye |
| 46:59 Lynda Brubaker | 51:41 Karen Styonowski |
| 47:15 Dan Yarbrough | 51:51 Kristen Mullaney |
| 47:16t Debbi Lawrence | 52:24t Chris Sakelarios |
| 49:17 Sally Richards-Kerr | 52:27 Deb Scott |
| 49:33 Cheryl Rellinger | 52:34 Ali DeWitt |
| 49:38t D.A. Walker | 52:36 Gloria Rawls |
| 49:46 Kim Wilkinson | 52:34 Theresa Iknoian |

- | | |
|------------------------------|--------------------------|
| 52:43 Bobbi Jo Kukan | 55:29 Margaret Govea |
| 52:51 Susan Armenta | 55:38 Debbie Benton |
| 52:51 Maira Moulton | 55:42 Patty Gehrke |
| 53:21 Deb Iden | 56:16 Kerry Bratton |
| 53:23 Lauren Eastler-Farkash | 56:18 Robin Fujinaka |
| 53:33 Liz Fashun | 56:28 Elizabeth Longton |
| 53:43 Gayle Johnson | 56:31 Phyllis Hansen |
| 53:56 Geri-Lynn Buckholz | 56:41 Ann Stokman |
| 54:08 Joanne Dow | 56:55 Margaret Ditchburn |
| 54:31 Sue Kisting | 57:20 Donna Cunningham |
| 54:52 Jackie Kerby-Moore | 57:30 Susan Packard |
| 54:53 Pat Weir | 57:38 Meg Ferguson |
| 54:54 Barbara Duplichain | 58:00 Sara O'Bannon |
| 55:04 Diane Podsiadlik | 58:05 Daryl Ann Kidder |

1994 World 20 Km Rankings

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 1. Mikhail Schennikov, Russia
1:19:32 (1) LaCoruna 5/21
1:21:42 (3) Hospitalet 5/29
1:18:45 (1) Europ. Champ. 8/8 | 6. Bu Lingtang, CHINA
1:18:04t(1) Chin. Champ. 4/7
1:21:56 (2) Asian Games 10/ |
| 2. Bernardo Segura, Mexico
1:23:30 (3) Puebla 4/17
1:17:26t(1) Fana, Nor. 5/7
1:23:29t(1) Goodwill Games 7/25
1:24:15 (1) Pan Am Cup 9/23 | 7. Tan Mingjun, CHINA
1:18:46t(2) CHin. Champ. 4/7 |
| 3. Yevgeniy Misyulya, Belarus
1:21:24 (2) Eisenhut. 5/15
1:19:22 (2) Europ. Champ. 8/8 | 8. Jefferson Perrez, Ecuador
1:23:27 (2) Puebla 4/17
1:24:34 (3) Pan Am Cup |
| 4. Valentin Massana, Spain
1:20:45 (2) LaCoruna 5/21
1:21:35 (2) Hospitalet 5/29
1:20:45 (1) Livorno
(Short course)
1:20:33 (3) Europ. Champ. | 9. Chen Shaoguo, China
1:19:16t (3) China Champ.
1:21:15 (1) Asian Games 10/ |
| 5. Daniel Garcia, Mexico
1:23:24 (1) Puebla 4/17
1:20:33 (1) Eisenhut. 5/15
1:22:14 (4) LaCoruna 5/21
1:21:27 (1) Hospitalet
1:24:23 (2) Pan Am Cup 9/23 | 10. Giovanni deBenedictis, Italy
1:20:39 (4) Europ. Champ. 8/8 |

Segura's world record race is not quite enough to get the nod over European Champion Schennikov, who also beat a strong field in LaCoruna. The next three spots are tight.

Garcia beat all four of those above him, but also lost to all of them except Misyulya. So we go with the other two European medalists, who both had other strong races. The Chinese are difficult to rank since they never raced outside of Asia, but the slots we have assigned them seem fair. Perez has no fast time, but had two very competitive races against Segura and Garcia.

1994 World 20 Km List

1:17:26t Bernardo Segura, Mex.	1:22:05 Dmitry Golos, Belasur
1:18:04t Bu Lingtang, China	1:22:06 Valeriy Borisov, Kasakh.
1:18:45 Mikhail Schennikov, Russia	1:22:14 Vitaliy Gordey, Belasur
1:18:46t Tan Mingjun, China	1:22:14 Rishat Shafikov, Russia
1:19:16t Chen Shaoguo, China	1:22:18 Daniel Plaza, Spain
1:19:22 Yevgeniy Misyulya, Belarus	1:22:23 Igor Kollar, Czech.
1:19:38 Mikhail Khmel'nitskiy, Belarus	1:22:26 Vyacheslav Cherepanov, Russia
1:20:02t Li Mingcai, China	1:22:44 Rogelio Sanchez, Mexico
1:20:06t Zhou Yongsheng, China	1:22:49 Sandor Urbanik, Hungary
1:20:12 Aleksandr Potashov, Belarus	1:22:49t Jiri Malysa, Czech.
1:20:33 Daniel Garcia, Mexico	1:22:57 Pavol Blazek, Slovakia
1:20:33 Valentin Massana, Spain	1:23:02 Hubert Sonnek, Czech.
1:20:35 Yuriy Kuko, Belarus	1:23:04 Miguel Rodriguez, Mexico
1:20:39 Giovanni deBenedictis, Italy	1:23:07 Nick A'Hern, Australia
1:20:55 Robert Korzenowski, Poland	1:23:11 Ronald Weigel, Germany
1:21:00t Tain Niantang, China	1:23:14 Aleksey Voyevodin, Russia
1:21:01 Mikhail Orlov, Russia	1:23:17 Stefan Johansson, Sweden
1:21:14 Robert Ihly, Germany	1:23:21 Michele Didoni, Italy
1:21:25t Jian Baozhong, China	1:23:22 Fernando Vazquez, Spain
1:21:26t Hao Hunaquan, China	1:23:27 Jefferson Perez, Ecuador
1:21:42 Gyula Dudas, Hungary	1:23:18 Thierry Toutain, France
1L21L51 Giovanni Perricelli, Italy	1:23:35 Sergey Tyulenev, Russia
1:21:53 Vladimir Andreyev, Russia	1:23:42 Jean Claude Corre, France
1:21:43 Frants Kostyukovich, Belarus	1:23:56 Anatoliy Grigoryev, Russia
1:21:55 Viktor Ginko, Belarus	1:24:01 Tomas Kratochvil, Czech.

1994 U.S. 20 Km Rankings

1. Allen James, Ath. in Action	3. Andrzej Chylinski NYAC
1:24:27 (4) Fana 5/7	1:36:15 (1) Broomfield 5/7
1:28:36 (1) U.S. Champ. 6/16	1:30:05 (3) U.S. Champs 6/16
1:30:01 (14) Pan Am Cup 9/23	1:30:52 (3) Oly. Fest. 7/10
	1:32:15 (18) Pan Am Cup 9/23
2. Jonathan Matthews, Gold. Gate RW	4. Philip Dunn, adidas TC
1:31:25 (1) Palo Alto 5/22	1:30:37 (2) Wash. D.C. 3/23
1:29:03 (2) U.S. Champ. 6/16	1:35:07 (49) Mexico 4/16
1:27:53 (1) Oly. Fest. 7/10	1:30:31 (4) U.S. Champ. 6/16
1:28:04 (12) Pan Am Cup 9/23	1:35:53 (20) Pan Am Cup 9/23

5. Dave McGovern, NYAC	8. Rob Cole, Reebok RC
1:32:05 (4) Wash., C.D. 3/23	1:32:05 (10) U.S. Champ. 6/18
1:32:06 (1) Durham 5/14	1:31:59 (4) Oly. Fest. 7/10
1:31:13 (6) U.S. Champ. 6/18	
1:29:57 (2) Oly. Fest. 7/10	9. Al Heppner, Wis. Parkside
	1:33:28 (5) Wash. D.C. 3/23
6. Andrew Hermann, adidas TC	1:32:49 (34) Mexico 4/16
1:33:03 (40) Mexico 4/16	1:33:23 (11) U.S. Champ. 6/18
1:30:47 (5) U.S. Champ. 4/16	1:32:18 (5) Oly. Fest. 7/10
1:38:25 (22) Pan Am Cup 9/23	
7. Tim Seaman, unat.	10. Ian Whatley, PVTC
1:29:27 (1) Racine 4/2	1:36:45 (9) Wash., D.C. 3/23
1:35:06 (48) Mexico 4/16	1:33:24 (3) Durham 5/14
1:31:18 (7) U.S. Champ. 6/18	DNF U.S. Champ. 6/18
	1:36:45 (8) Oly. Fest. 7/10
	1:30:28 (4) Alongi Fest. 10/1

James and Matthews clearly lead the pack. They split in their two races against each other, but James has the National title in his pocket and an excellent track race in Norway. Chylinski lost to no U.S. walkers other than these two and is an easy pick for third. The other spots are less clear and required a bit of subjective thought, but I'm happy with the choices. Whatley, coming back from injury all season finally had it together at the Alongi race and gets the nod for the final spot over Gary Morgan and Herm Nelson, eighth and ninth at the National title race. Morgan really struggled at the Olympic Festival and Whatley beat him there as well as at Alongi, and Nelson had only the one race at 20 Km.

1994 U.S. 20 Km List

1:24:17t Allen James	1:33:21 Curt Clausen
1:27:13t Jonathan Matthews	1:33:25 Will Van Axen
1:28:33 Vance Godfrey	1:33:28 Don DeNoon
1:28:42t Herman Nelson	1:33:41 Paul Wick
1:29:27 Tim Seaman	1:33:51 Mark Krautz
1:29:57 Dave McGovern	1:36:13 Lennie Becker
1:30:05t Andrzej Chylinski	1:36:45t Curtis Fisher
1:30:17 Rob Cole	1:38:05 Albert Liebold
1:30:28 Ian Whatley	1:38:47 Andy Liles
1:30:31t Phil Dunn	1:39:17 Chad Eder
1:30:47t Andrew Hermann	1:40:50 Steve Pecinovsky
1:30:49 Dave Marchese	1:41:58 John Soucheck
1:31:04 Gary Morgan	1:42:03 James Carmines
1:32:18 Al Heppner	1:42:23 Dave Doherty
1:32:44 Don Lawrence	1:42:43 James Lenschau
1:33:14t Marc Varsano	

1994 World 50 Km Rankings

- | | |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| 1. Valeriy Shtitsyn, Russia
3:41:07 (1) Europ. Champ. 8/13 | 7. Robert Korzenowski, Pol.
3:45:57 (5) Europ. Champ. 8/13 |
| 2. Thierry Toutain, France
3:45:25t(1) Francoville 4/3
3:43:52 (2) Europ. Champ. 8/13 | 8. Zhou Yongsheng, China
3:43:16 (1) CHin. Champ. 4/10
3:48:14t(2) Fana 5/7
DNF Asian Games 10/ |
| 3. Giovanni Perricelli, Italy
3:51:53 (2) Ital. Champ. 3/20
3:43:55 (3) Europ. Champ. 8/13 | 9. German Skurygin, Russia
3:46:30 (6) Europ. Champ. 8/13
3:48:10 (1) Kalingrad 4/23 |
| 4. Valentin Massana, Spain
3:38:43 (1) Spanish Champ. 3/20 | 10. Valentin Koronen, Finland
3:54:50 (1) Fin. Champ. 5/7
3:47:14 (7) Europ. Champ. 8/13 |
| 5. Jesus Garcia, Spain
3:41:28 (2) Span. Champ. 3/20
3:45:25 (4) Europ. Champ. 8/13 | |
| 6. Rene Piller, France
3:41:29t(1) Fana 5/7
DQ Europ. Champ. 8/13 | |

The rankings go largely on the finish in the European Championships. Massana gets fourth off his one race, where he beat Garcia decisively in the year's fastest time. Piller set a world record with his track race in Norway and gets sixth despite his DQ in the European race. Yongsheng in eighth had two impressive races, including second to Piller in Norway.

1994 World 50 Km List

- | | |
|---------------------------------------|-----------------------------------|
| 3:38:43 Valentin Massana, Spain | 3:51:25 Zoltan Czukur, Hung |
| 3:41:07 Valeriy Spitsyn, Russia | 3:52:06 Carlos Mercenario, Mexico |
| 3:41:28 Jesus Garcia Spain | 3:52:06 Miguel Rodriguez, Mexico |
| 3:41:29t Rene Piller, France | 3:52:14 Andres Marin, Spain |
| 3:43:16 Zhou Yongsheng, China | 3:52:16 Artur Schumak, Belarus |
| 3:43:52 Thierry Toutain, France | 3:52:20 Guiseppe DeGaetano, Italy |
| 3:43:55 Giovanni Perricelli, Italy | 3:52:20 Jin Guohong, China |
| 3:45:34 Viktor Ginko, Belarus | 3:52:36 Aleksey Voyevodin, Russia |
| 3:45:57 Robert Korzenowski, Poland | 3:52:56 Ronald Weigel, Germany |
| 3:46:30 German Skurygin, Russia | 3:53:29 Fumio Imamura, Japan |
| 3:47:14 Valentin Koronen, Finland | 3:53:49 Jiao Baozhong, China |
| 3:47:43 Andrey Plotnikov, Russia | 3:53:54 Sergey Katurayev, Russia |
| 3:49:00 Aleksandr Potashov, Belarus | 3:54:04 Shen Weiquan, CHina |
| 3:49:30t Alain Lemerclier, France | 3:54:29 Stefan Malik, Slovakia |
| 3:49:44 Pavol Blazek, Slovakia | 3:54:37 Sergey Korepanov, Kazak. |
| 3:50:16 Giovannia deBenedictis, Italy | 3:55:25 Gyula Dudas, Hungary |
| 3:50:32 Axel Noack, Germany | 3:55:39 Allen James, USA |
| | 3:55:45 Yang Yongjian, China |

- | | |
|--------------------------------|-------------------------------------|
| 3:56:00 Arutro deMezza, Italy | 3:58:38 Stanislav Ustimenko, Russia |
| 3:56:00 German Sanchez, Mexico | 3:58:40 Thomas Wallstab, Germany |
| 3:56:03 Roman Bilek, Czech. | 3:58:58 Basilio Labrador, Spain |
| 3:56:55 Peter Tichy, Slovakia | 3:59:11 Andrey Popov, Russia |
| 3:57:00 Han Wei, China | 3:59:13 Dmitriy Savyatan, Belarus |
| 3:57:24 Milos Holusa, Czech. | 3:59:42t Christophe Cousin, France |
| 3:58:10 Robert Ihly, Germany | 3:59:49t Modris Liepins, Latvia |
| 3:58:31 Yuriy Andronov, Russia | 3:59:49t Denis Terra, France |
| 3:58:32 Xu Congxian, China | |

1994 U.S. 50 Km Rankings

- | | |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| 1. Allen James, AIA
3:55:39 (1) U.S. Champ. 3/13 | 6. Rob Cole, Reebok AC
4:14:46 (6) U.S. Champ. 3/13
4:23:10 (8) Pan Am Cup 9/24 |
| 2. Jonathan Matthews, GCRW
4:02:59 (2) U.S. Champ. 3/13 | 7. Dave Marchese, AIA
4:32:23 (7) U.S. Champ. 3/13
4:34:11 (11) Pan Am Cup 9/24 |
| 3. Herman Nelson, Club Northwest
4:04:23 (3) U.S. Champ. 3/13 | 8. Steve Pecinovsky, PVTC
4:42:16 (9) U.S. Champ. 3/13
4:33:50 (10) Pan Am Cup 9/24 |
| 4. Andrzej Chylinski, NYAC
4:07:48 (4) U.S. Champ. 3/13 | 9. Paul Malek, Parkside AC
4:38:19 (8) U.S. Champ. 3/13
DNF Pan Am Cup 9/24 |
| 5. Paul Wick, unat.
4:08:15 (5) U.S. Champ. 3/13
4:41:31 (13) Pan Am Cup 9/24 | 10. Eugene Kitts, Team Hawaii
4:46:10 (10) U.S. Champ. 3/13 |

The only change in the rankings from the finish in the National title race is Pecinovsky in eighth, who improved enough in the Pan American Cup race to jump ahead of Malek.

1994 U.S. 50 Km List

- | | |
|---------------------------|--------------------------|
| 3:55:39 Allen James | 4:32:24 Dave Marchese |
| 4:02:59 Jonathan Matthews | 4:33:50 Steve Pecinovsky |
| 4:04:23 Herman Nelson | 4:38:19 Paul Malek |
| 4:07:48 Andrzej Chylinski | 4:46:10 Eugene Kitts |
| 4:08:15 Paul Wick | 5:07:35 Stan Chraminski |
| 4:14:46 Rob Cole | 5:23:56 Ed Bouldin |

(A rather sad commentary on the popularity of 50 Km walking in the country.)

RESULTS

New York City Marathon Racewalk Division, Nov. 8--1. Bo Gustafsson, Swed. 3:33:28 2. Allen James 3:33:59 3. Dave Marchese 3:35:13 4. Henrik Kjellgren, Swed. 3:36:46 5. Niclas Nordenstrom, Swed. 3:39:30 6. Rob Cole 3:45:31 7. Andrew Hermann 3:46:11 8. Dave McGovern 3:47:10 9. Marco Evoniuk 3:47:17 10. Curtis Fisher 3:51:49 11. Curt Clausen 3:56:00 12. Marc Varsano 3:58:49 Women: 1. Micheline Daneau, Can. 4:26:04 (These were the "elite" walkers. No results for the others, except that we know Elliott Denman made a rare competitive appearance, finishing in 5:11:09, 65 seconds under his time for 50 Km in the 1956 Olympics in Melbourne.) **6 Km, Long Branch, N.J., Oct. 29--1.** Roberto Gottlieb 29:47 2. John Fredericks 30:28 3. Tony Noerpel 31:21 4. Ralph Edwards 33:57 5. Bob Mimm 36:22 Women: 1. Geri-Lynn Buckholz 30:47 2. Phyllis Hansen 31:22 3. Pat Weir 31:45 **1 Hour, Fort Monmouth, N.J., Nov. 27--1.** Ray Funkhouser 12,225 meters 2. John Soucheck 12,081 3. Manny Eisner 10,460 4. Dr. Patrick Bivona 10,407 5. Ralph Edwards 10,136 6. Edward Gawinski 9,866 Women: 1. Phyllis Hansen 9,174 **5 Km, Point Pleasant, N.J., Dec. 4--1.** Avram Shapiro 31:15 Women: 1. Donna Cetrulo 31:23 **5 Mile, Freehold, N.J., Nov. 25--1.** Tony Noerpel (45) 42:47 2. Phyllis Hansen (43) 44:40 3. Ralph Edwards (53) 46:26 4. Pat Weir 46:30 4. Dr. Patrick Bivona (53) 47:10 6. Robert Rapp (46) 53:22 7. Elliott Denman (60) 53:42 **5 Km, Orlando, Florida, Oct. 29--1.** Paul Alvord 27:01 2. C.S. Monte Carlo (40-49) 28:27 3. Chuck McLaughlin (50-59) 29:17 4. Steve Christlieb (40-49) 29:37 Women: 1. Chris Alt 29:12 **10 Km, Orlando, Nov. 5--1.** Sterling Kerr 54:28 2. Paul Alvord 57:49 3. C.S. Monte Carlo 59:12 4. Chuck McLaughlin 62:09 Women: 1. Sara O'Bannon 58:00 2. Chris Alt 60:50 **5 Km, Orlando, Nov. 24--1.** Chuck McLaughlin 28:44 2. Phil Brown (40-49) 29:16 3. Steve Christlieb 29:23 4. Mario Feinstein (40-49) 29:59 5. Mike Washington 30:09 **5 Km, Orlando, Dec. 4--1.** Mike Washington 28:30 2. Phil Brown 29:00 **Half Marathon, Orlando, Dec. 10--1.** Sterling Kerr 2:03:40 2. Edgardo Rodriguez 2:05:19 Women: 1. Chris Alt 2:15:02 **5 Km, same place--1.** Steve Christlieb 29:56 **Half Marathon, Algiers to Belle Chasse, Louisiana, Nov. 6--1.** Sidney Holmes 2:07:56 2. Eric Parker 2:08:49 3. Bob Mimm (70) 2:12:25 Women: 1. Becky Comeaux 2:12:55 **10 Km, Terrytown, La., Nov. 20--1.** Ed Whiteman 52:48 Women: 1. Barbara Duplichain 54:54 **5 Km, Cleveland, Sept. 10--1.** Garry Reitler 26:28 2. Jerry Muskal 27:38 3. Daryl Ann Kidder 27:42 4. Tim Bailey 30:29 **2 Mile, Cleveland, Oct. 30--1.** Tim Bailey 17:00 2. Dan Gumbish **10 Km, Detroit, Nov. 24--1.** Gary Morgan 44:26 Women: 1. Kristen Mullaney 52:52 **5 Km, Kalamazoo, Mich., Oct. 8--1.** Terry McHoskey 26:38 2. David Dunn 27:09 **8 Km, Kalamazoo, Oct. 15--1.** John Elwarner 42:37 2. Terry McHoskey 43:16 3. Bill Reed 44:14 4. Hank Meyer 45:35 5. Michael Burris 46:29 6. Russ Barranco 47:10 Women: 1. Sperry Rademaker 48:55 2. Sherry Watts 49:12 **5 Km, Turkeyville, Mich., Nov. 19--1.** Bill Reed 26:04 **5 Km, Champaign, Ill., Dec. 4--1.** John Chandler 27:09 2. Bruce Leasure 29:23 **1 Hour, Santa Monica, Cal., Nov. 26--1.** Victoria Herazo 12,752 meters (46:42 at 10 Km, reported as World Best for age 35-40) 2. Larry Walker 11,156 3. Jolene Steigerwalt 10,117 **1 Hour, San Francisco, Nov. 13--1.** Jeff Millington 7 mi 390 yds 2. Robin Fujinaka (40-49) 6 mi 1119 yds 3. Jennifer Grannucci 6 mi 548 yds 5. Art Klein 6 mi 221 yds 6. Pete Ciachetti (50-59) 6 mi 42 yds **1 Hour, San Jose, Nov. 13--1.** Abderrezak Gharfara 8 miles 385 yds (Member of Algerian 1991 World Cup team) 2. Jack Bray 6 mi 1696 3. Karen Stoyanowski 6 mi 1617 4. John Schulz 6 mi 1335 5. Carl Acosta 6 mi 1334 6. Jim Stuckey 6 mi 576 **2 Miles, Salem, Oregon, Nov. 6--1.** Erin Taylor 17:00.23 2. Carmen Jakinski 18:13 **5 Km, Seattle, Nov. 12--1.** Stan

Chraminski and Bob Novak 26:42 **5 Km, Seattle, Dec. 17--1.** Stan Chraminski 26:24 2. Bob Novak 26:36 3. Lew Jones 29:11 4. Bev LaVeck 29:47 5. Claude Wrathall 30:22

WONDERFUL WINTER WALKS--WHEN, WHERE

Sat. Jan. 7	5 Km and Half-Marathon, Irvine, Cal. (B)
Sun. Jan. 8	USA T&F National 50 Km, Palo Alto, Cal. (C) 1 Mile Women, 2 Mile Men, Indoors, Hanover, N.H. (I) Indoor 3 Km, Arlington, Virginia, 8:30 am (J) 10 Km, San Diego (B)
Fri. Jan. 13	Indoor 3 Km and 1 Mile, Carbondale, Illinois, 8 pm (AA)
Sat. Jan. 14	5 Km, Seattle, 9:30 am (C)
Sun. Jan. 15	Masters Indoor 1 Mile, Providence, R.I. (I) 10 Mile Handicap, 5 Km, Pasadena, Cal., 8:30 am (B) 4 Mile, Columbia, Missouri, 2 pm (U) 5 Km, Long Branch, N.J., 11 am (A) Indoor 3 Km, Boston, Mass. (I) (Call 617-566-7600) Indoor 3 Km, Arlington, Va., 8:30 am (J) Gulf 30 Km, Houston (K)
Sat. Jan. 21	U.S. Women's World Cup Trials, 10 Km, Orlando, Florida (M) Indoor 3 Km, Arlington, Va., 8:30 am (J) Indoor 1500 meters, Tulsa, Okla. (W)
Sun. Jan. 22	5 Km, Long Branch, N.J., 11 am (A) New England Indoor 3 Km Championship, Providence, R.I. (I) Indoor Women's 3 Km, Men's 5 Km, Carbondale, Ill., 8 pm (AA) 10 Km, Long Branch, N.J., 11 am (A) 5 Km, Seattle, 9:30 am (C) Indoor 3 Km, Arlington, Va., 8:30 am (J) Indoor 3 Km, Carbondale, Illinois, 9:20 am (AA) 3 Km, Seattle, 1:35 pm (C)
Sat. Jan. 28	U.S. Men's 20 Km World Cup Trial, Monterey, Cal. (S) 10 Km, Orlando, Florida (L) 6 Km, Brockton, Mass. (I) Indoor 3 Km, Seattle (C)
Sun. Jan. 29	National Master's Indoor 3 Km, Reno, Nev. (X) 5 Km, Battle Creek, Mich., 8:30 am (Y) USA/Mobil Indoor Women's 3 Km, Men's 5 Km, Atlanta, Ga. (Z) Half Marathon, Chico, Cal. (R) 5 Km, Seattle, 9:30 am (C)
Sat. Feb. 4	
Sun. Feb. 5	
Fri. Feb. 10	
Sat. Feb. 11	
Sun. Feb. 12	
Fri. Feb. 17	
Sat. Feb. 18	
Sun. Feb. 19	
Mon. Feb. 20	
Fri. Feb. 24	
Feb. 24-26	
Sat. Feb. 25	
March 3-4	
Sat. March 4	
Sat. March 11	

Contacts

A--Elliott Denman, 28 N. Locust, West Long Branch, NY 07764
B--Elaine Ward, 1000 San Pasqual #35, Pasadena, CA 91106
C--Bev LaVeck, 6633 N.E. Windemere Road, Seattle, WA 98115
D--Walking Club of Georgia, P.O. Box 645, Stone Mountain, GA 30086
E--Max Green, 13660 Mortenvue Dr., Taylor, MI 48180
F--Park Racewalkers, 320 East 83rd St., Box 18, New York, NY 10028
G--Ron Daniel, 1289 Balboa Court #149, Sunnyvale, CA 94086 ((415-964-3580))

H--Bob Carlson, 2261 Glencoe St., Denver, CO 80207
 I--Steve Vaitones, c/o NEAC, P.O. Box 1905, Brookline, MA 02146
 J--Potomac Valley Walkers, 2305 S. Buchanan St., Arlington, VA 22206
 K--Dave Gwyn, 6502 S. Briar Bayou, Houston, TX 77072
 L--Verna Buchs, 585 Via Lugano, Winter Park, FL 32789
 M--NOTC, P.O. Box 52003, New Orleans, LA 70152
 N--Keith Reichley, 23969 Frank St., North Olmsted, OH 44070
 O--Jim Bean, 4658 Fuhrer St. NE, Salem, Oregon 97305
 P--Marin Racewalkers, P.O. Box 21, Kentfield, CA 94914
 Q--Bob Fine, 3250 Lakeview Blvd., Delray Beach, FL 33445
 R--Sierra Racewalkers, P.O. Box 513, Carmichael, CA 95609
 S--Buzz Schulte, 268 E. Hamilton Ave #A, Campbell, CA 95008
 T--MPWWWC, PO Box 221172, Carmel, CA 93922
 U--Columbia TC, P.O. Box 1872, Columbia, MO 65205
 V--Jon Hughes, 1322 North Mills Ave., Orlando, FL 32803, 407-896-1160
 W--Loretta Hinkle, 405-942-6733
 X--Bill Bowser, 3695 Bryan, Reno, NV 89503
 Y--Kalamazoo Valley Walkers, P.O. Box 19414, Kalamazoo, MI 49009
 Z--USA/Mobil Championships, P.O. Box 120, Indianapolis, IN 46206
 AA--Don DeNoon, SIU Athletics, Mailcode 6620, SIU, Carbondale, IL 62901

FROM HEEL TO TOE

Racewalk Awards for 1994, presented at the USATF Convention were: Outstanding Male Racewalker--Allen James, LaGrange, Georgia (Awards for both the 20 and 50 Km.); Outstanding Female Racewalker--Teresa Vaill, Pine Plains, N.Y.; Outstanding Contributor--Lori Maynard, Redwood City, Cal.; Outstanding USATF Association--Ozark, Ginger Mulanax, Chairperson; Outstanding Masters Racewalkers--Don DeNoon, Carbondale, Ill. (male) and Elton Richardson, New York, N.Y. (female). Age Group Awards: 30-34--Michael Blanchard, Colorado, and Jackie Kerby-Moore, New Mexico and Victoria Herazo, Nevada; 35-39--Albert Leibold, Kansas and Jonathan Matthews, Cal., and Karen Stoyanowski, Cal.; 40-44--Enrique Camarena, Cal. and Sally-Richards, Kerr, Colorado; 45-49--Bob Keating, N.H. and Gayle Johnson, Missouri; 50-54--Don DeNoon, Illinois and Jolene Steigerwalt, Cal.; 55-59--Ed Whiteman, Louisiana and Elton Richardson, N.Y.; 64-64--Jack Bray, Cal. and Ruth Eberle, Missouri; 65-59--Bob Mimm, N.J. and Ruth Leff, Wisconsin; 70-74--Don Gladding, Arizona and Ruth Van Sandt, Cal., 75-79--Bill Tallmadge, Kentucky and Fan Benno, Texas; 80-84--John Besson, Oregon and Dorothy Robarts, Cal. .

. Also from the convention, we list qualifying standards for domestic races and for the 1996 Olympic Trials and Olympic Games on page 14 and standards for National Championship and other major races for 1995 on page 15. Next month we will give complete information on contacts for these races. . . For Sale: Shore AC 60th Anniversary Celebration Commemorative magazine. Includes 120 pages of articles, photos, and history. Has many, many of its pages devoted to racewalking. The best document of its kind ever printed! Price--\$10.00 plus \$1.00 postage and handling. Order from Elliott Denman, 28 North Locust Avenue, West Long Branch, NY 07764, Phone 908-222-9080. . A new racewalking instructional video is available--"Ian and Dave's Low Budget Videos, Volume II. The 30-minute video covers drills for racewalking presented by Ian Whatley and Dave McGovern, who bill themselves as "elite international racewalkers and above

average coaches. The video is intended for all levels of ability and includes definitions of drills and racewalking, the scientific basis for drills, choosing drills for your needs, demonstrations of all the drills, and a detailed explanation of each drill. To order send \$19.95 plus \$1.00 for postage and handling to Ian Whatley, 240 Donington Drive, Greenville, SC 29615, Phone 803-268-5222, FAX 803-268-0065.

LOOKING BACK

25 Years Ago (From the Dec. 1969 ORW)-- The ORW made a Man of the Decade Award to Charlie Silcock, who did so much to promote the sport in those years, and a Walker of the Decade Award to Ron Laird. Ron Zinn, Rudy Haluza, and Larry Young ranked behind Laird for the latter award. . .Goetz Klopfer did 20 Km in 1:32:24 on a San Francisco track.

20 Years Ago (from the Dec. 1974 ORW)--Jack Boitano, the National Racewalk Chairman at that time, won the Coney Island 10 Mile Handicap in 1:34:43. Fast time honors went to Ron Laird with a 1:13:29. . .Laird also scored a 1500 meter/2 Mile double at an indoor meet in Pittsburgh with a 6:06.7 and 14:05. . .Included in this issue were some interesting excerpts from a 1910 book on racewalking by Hugh Innes.

15 Years Ago (From the Dec. 1979 ORW)--Mexico's Daniel Bautista, winner of the World Cup in a blazing 1:18:49 and with a world record of 1:20:07 on the track, led the ORW World 20 Km rankings. His teammate Domingo Colin was second, ahead of three Soviets. Mexicans Raul Gonzales, Martin Bermudez, and Enrique Vera were ranked 1-2-3 in the 50. Gonzales faded to fourth in the World Cup after building a huge lead with what proved to be a killing pace, but had a World Record 3:41:39 on the track. Great Britain's Marian Fawkes was ranked number one in the Women's 10 Km. Leading the U.S. rankings were Neal Pyke (20 Km), Marco Evoniuk (50 Km), and Susan Liers (10 Km). . . Canada's Marcel Jobin led the National 25 Km race in Las Vegas with a 1:52:27, with Jim Heiring claiming the national title in second (1:57:28). Marco Evoniuk, Ray Sharp, Dennis Reilly, and Tom Dooley followed. . Jobin also won the National 35 Km in Houston, his 2:37:16 leaving John Knifton better than 18 minutes back. Dooley and Bill Ranney were next. . .Chris Hansen stormed through 10 Km in 43:06 in Seattle with Steve DiBernardo second in 44:29. . .In Kiev, Soviet Nikolai Udovenko bettered the listed World 30 Km record with a 2:08:16 on the track, but was short of Jose Marin's 2:08:00 earlier in the year.

10 Years Ago (From the Dec. 1984 ORW)--Leading the World Rankings for that year were Mexico's Ernesto Canto (20 Km), the GDR's Ronald Weigel (50 Km), and Olga Kristop, USSR (10 Km). Top ranked in the U.S. were Marco Evoniuk (20 Km), Carl Schueler (50 Km), and Ester Lopez (10 Km). . .The issue included a report by Dr. Howard Palamarchuk on TAC's first Racewalk Sports Medicine Science Seminar.

5 Years Ago (from the Dec. 1989 ORW)--Kerry Saxby, Australia; Ileana Salvador, Italy; and Beate Anders, GDR were 1-2-3 in the ORW World 10 Km Rankings. Lynn Weik, Teresa Vaill, and Debbi Lawrence topped the U.S. rankings. In the World 20 Km rankings, it was Frants Kostyukevitch, Yevgeniy Misyula, and Mikhail Schennikov, all USSR. In the U.S., Tim Lewis, Gary Morgan, and Mark Manning were on top. At 50 Km, we ranked Simon

Baker, Australia; Andrei Perlov, USSR; and Stanislav Vezhel, USSR as the top three in the World, and Paul Wick, Herm Nelson, and Tim Lewis as the top three in the U.S. . . Mexico's Carlos Mercenario blistered the New York City Marathon in 3:11:56, beating the UK's Chris Maddocks by nearly 2 minutes and this year's winner, Bo Gustaffson, by 6 1/2 minutes. Perlov was fourth in a star-studded field.

Standards

The reason for standards is to limit the size of a field to a manageable number of athletes. For the indoor meet we look for 12-15 walkers, while the outdoor races can handle 20-24.

Indoor standards for 1995 remain the same as last year

Men's 5000 meters	21:30		
alternatively:	2 miles:	13:25.0	
	3000m	12:35.0	
	1 mile:	6:05.0	
Women's 3000 meters	14:40		
alternatively	1 mile	7:30.0	
	1500 m	7:06.0	

Outdoors 1995 standards also remain the same as 1994:

Senior Men	20K	1:34:00	
Senior Women	10K	51:00	
Junior Men	10K	54:00.0	(or 25:28 5K)
Junior Women	5K	28:30.0	(or 16:00 3K)

1996 Olympic Trials

After much discussion and review of figures from the past 3 years, the following standards were recommended:

Women's 10 kilometers	49:45	
Men's 20 kilometers	1:30:00	
Men's 50 kilometers	4:25:00 automatic, or top 15 performers	

1996 will be the first Olympic Games which will have qualifying standards in all events, similar to the World Championships. Countries may enter one athlete at the B standard. To enter 2 or 3, all competitors must have achieved the A standard.

Women	A: 45:30	B: 48:00
Men's 20 k	A: 1:23:30	B: 1:26:00
Men's 50 k	A: 4:00:00	B: 4:05:00

The arguments on the 50K standards brought up several philosophical questions: Do setting tougher standards makes athletes train harder? Does softening the standard necessarily indicate failure (especially when 4:40+ got into the race in 1992). And are standards set on what "could be".

1995 NATIONAL RACE WALK CHAMPIONSHIPS

DATE	EVENT	SITE
Jan 8	US 50K Championship (SM) Trial: Pan Am Games, IAAF World RW Cup, World Championships	Palo Alto, CA
Jan 28	US 10K Trial - IAAF World Racewalk Cup (SW)	Orlando, FL
Feb 19	US 20K Trial - IAAF World Racewalk Cup (SM)	Monterey, CA
FEB 24-26	US MASTERS INDOOR CHAMPIONSHIPS (MM, MW 3K)	RENO, NV
MAR 3-4	USA/MOBIL INDOOR CHAMPIONSHIPS (MSK, W3K)	ATLANTA, GA
May 21	US 20K/25K Championships (SW, MW 20K, SM, MM 25K)	Albany, NY
May 28	US 10K Championships (SM, MM)	Niagara Falls, NY
JUN 13-17	USA/MOBIL OUTDOOR CHAMPIONSHIPS (SM 20K, SW 10K)	SACRAMENTO, CA
JUN 24-25	US JUNIOR CHAMPIONSHIPS (JM 10K, JW 5K)	WALNUT, CA
JUL 5-9	US MASTERS OUTDOOR CHAMPIONSHIPS (MM, MW 5K (tr); MW 10K; MM 20K)	EAST LANSING, MI
JUL 25-30	JUNIOR OLYMPICS TRACK & FIELD Various divisions, distances	SAN JOSE, CA
JUL 28-30	US OLYMPIC FESTIVAL '95 (SM 20K; SW 10K)	DENVER, CO
Aug 19	US 5K/3K Championships (JM 5K/JW 3K)	Orono, ME
Sep 10	US 40K Championships (SM, MM/W)	Ft. Monmouth, NJ
Sep 16	US Masters 5K Road Championships (MM, MW) US 5K Championships (SM, SW)	Kingsport, TN
Sep 24	US 15K Championships (JM, SW, SM, MM, MW)	Elk Grove Village, IL
Oct 8	US Two Hour/One Hour Championships (SM-2HR) (SW, JM, JW, MM, MW-1HR)	Cambridge, MA

All events listed in UPPER CASE are Track & Field meets which include racewalks